Set up a Query to help you learn something new.

What would you like to learn? change? understand?
- about yourself
- about the world
- about a subject

Example:

I want to be more focused when I study.

Choose some things from the touch-notes below that you think might either help you, or make it harder for you. These things will be added to your touch-notes collection, to help you collect information related to your query.
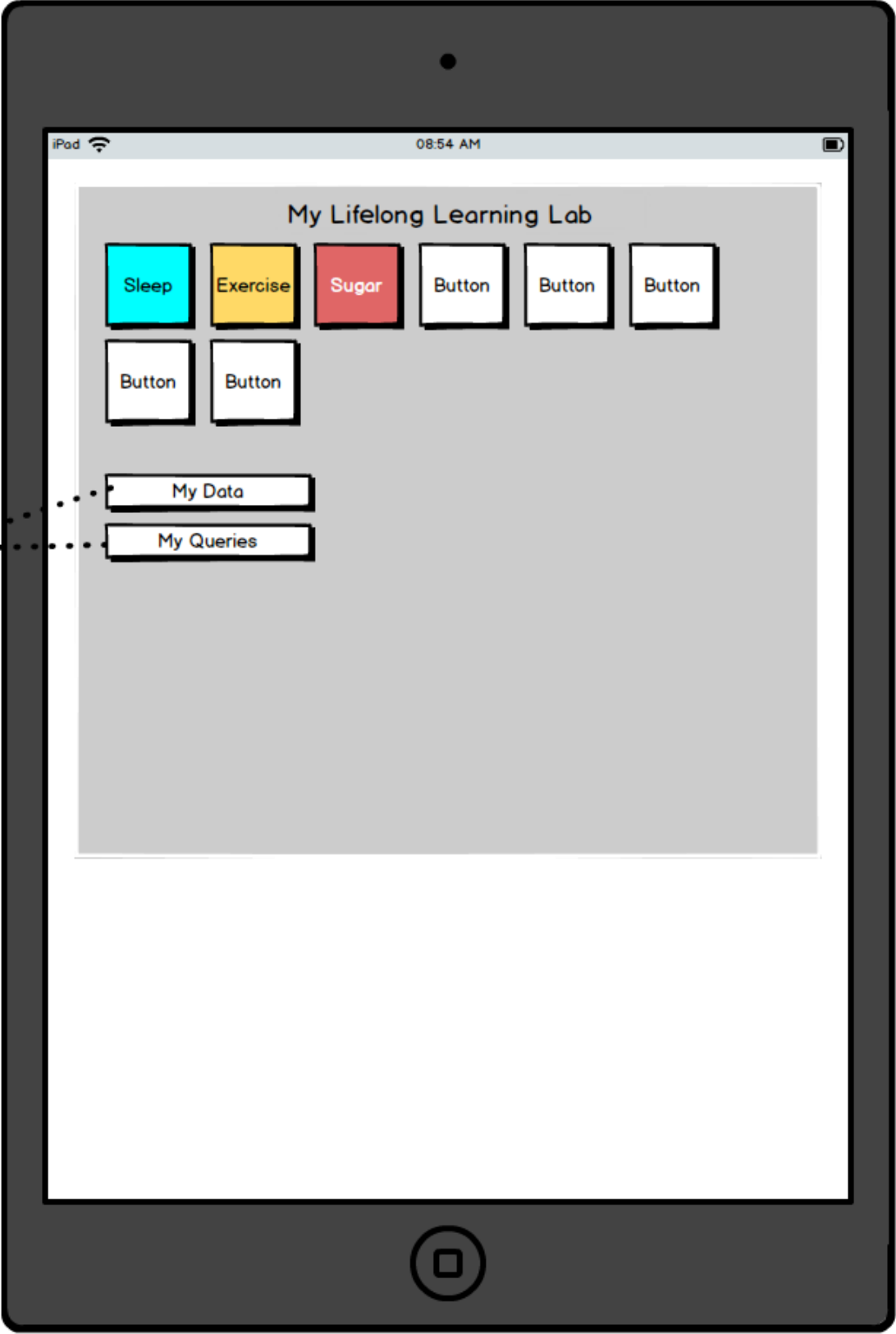
Example:
I think that getting a good night's sleep helps me be more focused.
I think that exercising helps me be more focused.
I think that eating too much sugar makes it harder for me to focus.

| Sleep | Button | Exercise | Button |
| Button | Button | Sugar | Button |

Done

My QUERIES

I want to be more focused when I study.

| Sleep | Exercise | Sugar |

Add New Query

My DATA

My Lifelong Learning Lab

| Sleep | Exercise | Sugar | Button | Button | Button |
| Button | Button | | | | |

My Data

My Queries

iPad   08:54 AM

My DATA

My Queries

Weather

Weather

Steps

Button

Button

MyL3

My Lifelong Learning Lab

My Data

My Queries

My Lifelong Learning Lab

What would you like to learn? change? understand?
- about yourself
- about the world
- about a subject

Set up a Query to help you learn something new.

Example:

I want to be more focused when I study.

Choose items from the touch-notes below that you think might either help you, or make it harder for you. These will be added to your touch-notes collection, which will make it easy to collect information related to your query.

Example:
I think that getting a good night's sleep helps me be more focused.
I think that exercising helps me be more focused.
I think that eating too much sugar makes it harder for me to focus.

Sleep	Button	Exercise	Button
Button	Button	Sugar	Button

Ok I'm ready to add a Query

My Data

Examples could be shown the first time, or upon request

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Sleep	Exercise	Sugar	Button	Button	Button

Button	Button

My Data

My Queries

Add New Query

My Data

My Lifelong Learning Lab

Home

What would you like to learn? change? understand?
- about yourself
- about the world
- about a subject

Set up a Query to help you learn something new.

Enter your query here

Choose items from the touch-notes below that you think might either help you, or make it harder for you. These will be added to your touch-notes collection, which will make it easy to collect information related to your query.

Sleep	Meditatio	Exercise	Weather
Diet	Mood	Sugar	Button
add new			

Done

My Lifelong Learning Lab

My QUERIES

I want to be more focused when I study.

Sleep

Exercise

Sugar

Add New Query

My Data